

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS and Comfort Zone facial treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

ELEMIS Pro-Glow Smooth Facial 55 minutes £90

Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Remedy Facial 55 minutes £90
ELEMIS Pro-Glow Brilliance Facial 55 minutes £90
ELEMIS Pro-Glow Resurface Facial 55 minutes £90
ELEMIS Pro-Glow Renewal Facial 55 minutes £90
ELEMIS Pro-Glow Express Facial 25 minutes £65

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+ 55 minutes £90

Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Brilliance Facial+ 55 minutes £90
ELEMIS Biotec Resurface Facial+ 55 minutes £90

Massage

ELEMIS Freestyle Deep Tissue Massage 55 minutes £90
Traditional Full Body Massage 55 minutes £90
ELEMIS Freestyle Deep Tissue Massage 25 minutes £65
Traditional Back Neck & Shoulder Massage 25 minutes £65

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage 55 minutes £100
ELEMIS Deeper than Deep Hot Stone Massage 40 minutes £88

Speciality Treatments

Indian Head Massage 25 minutes £65

Combination Treatments

Full Body Massage & Luxury Facial Combo 115 minutes £164
Luxury Facial & Back Neck, Shoulder Massage Combo 85 minutes £144
Full Body Massage & Express Facial Combo 85 minutes £144
Face & Body Combo Treatment 55 minutes £90
Body Scrub & Massage Combo Treatment 55 minutes £90
Massage & Shape and Polish Combo Treatment 55 minutes £90
Fingers and Toes Combo Treatment 55 minutes £68

Body: Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual 55 minutes £90
[comfort zone] Tranquillity™ Pro-Sleep Ritual 55 minutes £90
ELEMIS Frangipani Body Nectar Nourishing Wrap 55 minutes £90
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 minutes £65
ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 minutes £65

Pregnancy

ELEMIS Peaceful Pregnancy Massage 55 minutes £90
ELEMIS Pregnancy Facial 55 minutes £90

Suitable for all mothers-to-be from 13 weeks of pregnancy

Hands & Feet

Luxury Pedicure 70 minutes £65
Classic Pedicure 55 minutes £60
Luxury Manicure 55 minutes £60
Classic Manicure 40 minutes £55
Shape and Polish for Toes 25 minutes £35
Shape and Polish for Fingers 25 minutes £35

Please bring open toe shoes to wear after your pedicure

Gelation Nails

GEL Removal and Pedicure 70 minutes £75
GEL Removal and Manicure 70 minutes £70
GEL Pedicure 55 minutes £65
GEL Manicure 40 minutes £60
GEL Removal 30 minutes £20

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

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